

# KAREN A BEAUMONT

Applied Equine Podiatrist

## TILLY'S CASE STUDY

**Tilly – my 10 year old thoroughbred mare, who was described by a vet as having the worst hooves he had ever seen.**

Tilly's journey to becoming shoeless started in October 2004 when a quarter crack developed to such a critical state it became apparent the wall had completely sheared and I was advised by my farrier to seek veterinary advice. The vet's recommended treatment was box rest and a heart bar shoe in order to try to stabilise Tilly's foot.

By February 2005, Tilly continued to be lame and was referred to a veterinary hospital where she was treated for an abscess that took several days to drain. At the time, I was also advised that Tilly's only option would be to wear glue-on shoes since damage to her infected foot was severe and it was also suspected she had a benign hoof tumour (Keratoma).

### BEFORE AEP TREATMENT



Tilly's hoof showing a quarter crack and suspected keratoma.



Following 10 months of EP treatment, Tilly's hoof is vastly improved.

### AFTER AEP TREATMENT

Three months of prescribed box rest and supervised exercise, in between monthly hospital visits, Tilly was only showing slow signs of improving and I felt frustrated I wasn't able to do more for her.

By June 2005, following my own research into Applied Equine Podiatry, I decided to take Tilly shoeless. Under the supervision of an Equine Podiatrist Tilly has since gone from strength to strength; the quarter crack has now completely gone and fortunately the Keratoma was a false alarm.

In order to further assist Tilly's recovery, I also employed the services of a bodywork therapist, and consulted a nutritionist who advised me on how best to supplement Tilly's diet.

The improvement in Tilly's hooves is clear to see from the second photograph and with the lameness gone, Tilly is now enjoying a healthy natural lifestyle.

**Your horse, your dream, your goal**

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